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Children's Substance Abuse Services

Children, Youth and Family Services is here to assist you with **finding resources to assist with substance abuse services for children and adolescents**. Recent assessments find that more than 40% of the youth who need mental health services and **80% of youth who need substance abuse services are not receiving them**.

[More Information](#)



Eating Disorders Could Start As Early As Elementary School

Mental illnesses are the leading cause of disability and contribute to premature death. It's time to treat mental and substance abuse conditions as we do all other medical conditions.

[More Information](#)

According to the National Institute of Mental Health (NIMH), an eating disorder is defined as an illness that causes significant disturbances to an individual's everyday diet. This can include eating very small amounts of food or severely overeating.

[More Information](#)

Oklahoma Drug and Mental Health Court

Out of 25,000 inmates, the Oklahoma Department of Corrections estimates that nearly 12,000 have a history of—or are currently exhibiting—symptoms of severe mental illness. There are 79% of female inmates and 46% of male inmates who have been diagnosed with a mental illness. Of these individuals, 57% were incarcerated for non-violent offenses. Out of all inmates in DOC custody, 33% were imprisoned for drug and alcohol offenses and at least 50% were incarcerated for a crime related to substance abuse.

[More Information](#)

Prevention in Practice



SBIRTOK is an initiative of the Oklahoma State Department of Mental Health and Substance Abuse Services (ODMHSAS). For Information about establishing the evidence based SBIRT protocol in your primary care practice, emergency department or trauma center

[More information](#)

Why Punishing Challenging Behavior Doesn't Work

When children misbehave, often our first instinct is to punish the challenging behavior. We have been taught that rewarding good behavior and providing consequences for bad behavior will motivate children to act appropriately. However, Dr. Stuart Ablon would like us to re-examine this commonly held belief. Research shows that in many cases, children do not lack the will to behave well; they lack the necessary skills to control their behavior. This can be especially true in children living with mental health conditions that make it hard to regulate mood and behavior.

[More information](#)

Crisis Services

"What to do?" is often an overwhelming question when we are calm and thinking clearly. "What to do?" is even harder to answer when we are emotionally overwhelmed and can't focus our thoughts

The links on this page reflect the state wide network of mental health crisis services funded through the Oklahoma Department of Mental Health and Substance Abuse Services .

Mobile Crisis Services

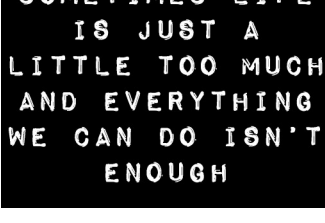
[Enhanced Children's Mobile Crisis](#)
[Adult Mobile Crisis](#)

Crisis Stabilization Centers

[Children's Crisis Centers](#)
[Adult Crisis Centers](#)

State Operated Hospitals

[Griffin Memorial Hospital](#)
[Oklahoma Forensic Center](#)



MARK YOUR CALENDAR

October 1 – 31

[National Breast Cancer Awareness Month](#)
 National Breast Cancer Awareness Month Board

October 1 – 31

[National Bullying Prevention Month](#)
 PACER Center, Inc.
[More Information](#)

October 1 – 31

[National Down Syndrome Awareness Month](#)
 National Down Syndrome Society
[More Information](#)

October 1 – 31

[Stop America's Violence Everywhere \(SAVE\) Today](#)
 American Medical Association Alliance

October 1 – 31

[Sudden Infant Death Syndrome Awareness Month](#)
 First Candle/SIDS Alliance

October 6

[Child Health Day](#)
 Maternal and Child Health Bureau

October 5 – 11

[Institute on Psychiatric Services](#)
 American Psychiatric Association
[More Information](#)

October 5 -11

[Mental Illness Awareness Week](#)
 National Alliance on Mental Illness

October 10

[Behavioral Health Advisory Council Meeting](#)
 OHCA
[More Information](#)

October 8

[Drug Utilization Review Board Meeting](#)
 OHCA
[More Information](#)

October 13

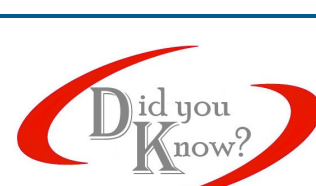
Columbus Day
[More Information](#)

October 24

[Board approved Supervisor Training](#)
 Tulsa
[More Information](#)

October 31

[Halloween](#)



OCTOBER is ...

National Breast Cancer Awareness Month

National Down Syndrome Awareness Month

National Disability Employment Awareness Month

National Physical Therapy Month

National Medical Librarians Month

Stop American's Violence Everywhere Today

Sudden Infant Death Syndrome Awareness Month

Mental Illness Awareness Week

National Domestic Violence Awareness Month

National Physical Therapy Month

There is No Health without Mental Health

It seems that we look at mental health and physical health as two entirely different entities. But the two are so intimately interwoven that what happens in one area deeply affects the other.

In 1999, U. S. Surgeon General David Satcher went on the record as the first Surgeon General to issue a report on mental health and mental illness.

[More Information](#)

September 9 - November 30
 SoonerCare Choice and Insure Oklahoma
 Application for Extension 2016 - 2018
 Oklahoma HealthCare Authority
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Substance Abuse and Mental Health Services Administration
SAMHSA

NAMI
 National Alliance on Mental Illness

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